



MONTCHOISY  
LE GOLF RESTAURANT  
by *La Potinière*

*Summer Menu*  
2022/2023

## *Pizzas*

Four cheeses (cream, mozzarella, gorgonzola, fontale, parmesan)	470.00
Margherita (tomato, mozzarella, fresh basil)	290.00
Flammekueche (bacon, onions, cream, mozzarella)	460.00
Capricciosa (mushroom, olive, tomato, artichoke, arugula pesto)	420.00
Spicy pepperoni, tomato, mozzarella	400.00
BBQ chicken and onions	375.00
Cured ham, arugula and stracciatella	550.00
Ham and mushroom	420.00
Pulled pork BBQ flavour	350.00
Hawaiin (chicken or ham)	370.00

## *Salads*

Thaï flavoured prawn salad Sweet and sour dressing	635.00
Chef's salad - Smoked chicken, bacon, boiled egg, cheese, apple	385.00
Greek salad - Feta, cucumber, olive, cherry tomatoes, onions	515.00
Seared tuna Nicoise salad, olives, boiled egg, cherry tomatoes, bell pepper, green beans	490.00
Cajun spiced Caesar salad - Chicken, bacon, anchovies, egg, parmesan Caesar dressing	395.00
Watermelon, feta, linseed	540.00
Quinoa, avocado, butternut, tomatoes	480.00

## *Tapas*

Smoked ribs tacos	320.00
Cassava and watercress samossa - Sweet chili sauce	240.00
Crispy calamari - Tartar sauce Potinière style	385.00
Yam fritters - Coriander sauce	290.00
Chicken and vegetable nem - Sauce kikoman	290.00
Cheese balls	225.00

## *Starters*

Crab au gratin	590.00
Braised palmheart - Hollandaise sauce	710.00
Palmheart and prawn in a red sauce soufflé	800.00
Vegetable tart and salad	360.00
Prawn cocktail	570.00
Asian style tuna tartar in a tart	320.00
Beef tataki with sesame seeds, roasted cashewnut cream, teriyaki sauce, toast melba	550.00
Saffron palmheart salad with mustard seed and arugula	650.00

## *Main Course*

Palmheart and prawn in a red sauce soufflé	1,040.00
Smoked BBQ pork ribs - Smoked paprika fries	700.00
Seabass fillet, thai style vegetables, saffron and lemongrass sauce	550.00
Venison fillet, potato puree with glazed carrots, red fruit sauce	890.00
Grilled blacktip grouper, fries, salad - Virgin sauce	970.00
Seared tuna, spicy kimchi, steamed vegetables, teriyaki sauce	700.00
Chicken thigh, tagine style, taboulé with raisins, hummus	525.00



Venisson burger, green pepper mayonnaise, fries	585.00
Lamb kofta, saffron rice with fried onions, salad, rosemary sauce	810.00
Guinea fowl and apricot quiche, salad	410.00
Duck slivers with green pepper sauce, green beans & crispy fries	625.00
Australian beef fillet (200 gms - grade A), fries, salad, black pepper sauce <u>or</u> mushroom sauce	1,800.00
Australian cuberoll (300 gms), fries, salad, black pepper sauce <u>or</u> mushroom sauce	1,800.00
Prawn à la newburgh Potinière style, lemon rice	780.00
Chicken leg confit for 8 hours with thyme and laurel, veggies, salad, black pepper sauce <u>or</u> mushroom sauce	630.00
Gnocchi / Linguini / Penne with basil and tomatoes	535.00
Gnocchi / Linguini / Penne with smoked salmon	860.00
Pasta with mushrooms, sundried tomatoes, nuts, pesto, olive and parmesan	440.00
Penne à la carbonara with chicken bacon	380.00

## *Local Dishes*

**(served with rice, lentils, tomato chutney and pickle of the day)**

In house smoked creole saussages and bacon rougaille	485.00
Beef dry curry	480.00
Chicken and prawns curry	675.00
Octopus and eggplant curry with coconut milk	690.00
Old style breadfruit stew	330.00

## *Add - On*

Salad (arugula, carrot, cucumber, cherry tomatoes)	120.00
Potato purée	70.00
Linguini or penne with herbs	120.00
Rice	50.00
Sauteed veggies with thyme	120.00
Fries	100.00

## *Desserts*

Bougrement bon and vanilla cream	185.00
Crème brûlée	185.00
Papaye delight with sweet samossas	185.00
Vanilla ice cream	185.00
Vanilla ice cream and Jack Daniel's coulis	185.00
Salted caramel and chocolate tartlet	210.00
Greedy coffee	220.00
1 espresso & 3 sweets (crème brûlée, financier, mini bougrement bon)	
Ice cream and sherbets	185.00
Pineapple bavarois	200.00
Fruit salad	185.00
Red fruit cheese cake	185.00



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*Golfer's  
Menu*



## *Baguettes*

Pulled beef, caramelised onions	210.00
Roasted chicken, lettuce, tomato, mayo	210.00
Speck ham, butter, arugula	240.00
Brie cheese, tomato, nuts and honey	220.00
Pulled pork BBQ flavour	225.00

## *Paninis*

Pulled beef, caramelised onions, mozzarella	220.00
Roasted chicken, basil pesto, mozzarella	200.00
Ham, tomato, emmental	165.00
Brie cheese, tomato, nuts and honey	220.00
Pulled pork BBQ flavour	225.00

## *Burger - Wraps - Sandwich (with fries)*

Beef burger, cheddar, onions, tomatoes	465.00
Crispy chicken burger, cheddar, cocktail	450.00
Fish burger, tartar sauce	350.00
Crispy chicken wrap, cheddar, honey & mustard sauce	350.00
Club sandwich with chicken, bacon, egg	225.00
Toasted ham and cheese sandwich salad	225.00
Toasted chicken and cheese sandwich	225.00

## *Pizzas*

Margherita (tomato, mozzarella, basil)	290.00
Flammekueche Alsatian style (chicken bacon, onions, cream, mozzarella)	460.00
Capricciosa (mushroom, olive, artichoke, tomato and basil pesto)	420.00
Spicy pepperoni, tomato sauce, mozzarella	400.00
BBQ chicken and onions	375.00

## *Salad*

Chef's salad - Smoked chicken, bacon, boiled egg, cheese, apple	385.00
Thai flavoured prawn salad Sweet and sour dressing	635.00
Cajun spiced Caesar salad - Chicken, bacon, anchovies, egg, parmesan	395.00

## *Pancakes (with salad)*

Spinach and mushroom pancake	365.00
Cheese and ham pancake	375.00

## *Omelettes (with fries)*

Cheese and ham omelette	325.00
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# *Kids Menu*

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Crispy fried fish - Fries	225.00
Crispy chicken cutlets - Potato purée	240.00
Toated cheese sandwich - fries	175.00
Linguini with creamy cheese	185.00
Linguini with chicken ham and cheese	195.00
Beef Burger - Fries	260.00
Chicken Burger - Fries	225.00
Chicken strips - Fries	225.00
Pizza Margherita	200.00
Chicken ham pizza	220.00

## *Desserts*

Nutella pancake	150.00
Vanilla ice cream with salted butter caramel	150.00