



MONTCHOISY

LE GOLF RESTAURANT




by *La Potinière*

*Winter Menu*




2023




## Pizzas

Four cheeses (cream, mozzarella, gorgonzola, fontale, parmesan) 	470.00
Margherita (tomato, mozzarella, fresh basil) 	290.00
Flammekueche Alascian style (bacon, onions, cream, mozzarella)	460.00
Capricciosa (mushroom, olive, tomato, artichoke, arugula pesto) 	420.00
Spicy pepperoni, tomato, mozzarella	400.00
BBQ chicken and onions	375.00
Cured ham, arugula and straciatella	550.00
Ham and mushroom	420.00
Pulled pork BBQ flavour	350.00
Hawaiin (chicken or ham)	370.00


## Tapas

Sweet potato and caramelised onion samossa - Coriander sauce 	225.00
Crispy calamari - Tartar sauce	490.00
Corn and cheese arancini 	310.00
Chicken yakitori skewers & sauce	350.00
Cheese balls 	225.00
Yam chips with tuna tartar in coconut milk & crispy radishes	385.00

## Salads

Chef's salad - Smoked chicken, bacon, boiled egg, cheese, apple	520.00
Cajun spiced Caesar salad, Chicken bacon, anchovies, egg, parmesan - Caesar dressing	430.00
Citrus and papaya flavoured prawn salad	620.00
<b>VEG CORNER.</b> 	
Crispy goat cheese salad	490.00
Quinoa, radishes, brocoli, pomegrenate & roasted butternut	480.00
Grilled vegetables with pesto, parmesan, roasted tomatoes, kalamata olives	380.00

## Soups

Crab and lemongrass soup - Rouille & Croutons	500.00
Mushroom cappuccino - Herbe de provence croutons 	350.00



## Starters

Crab au gratin	590.00
Braised palmheart - Hollandaise sauce 🌿	875.00
Palmheart & Prawns in a red sauce soufflé	950.00
Knife cut beef, capers, gherkins tartare with egg yolk	630.00
Palmheart salad - Citrus dressing	765.00
Vegetable tart, ratatouille style 🌿	285.00
Seafood vol au vent 🌿	385.00


## Main Courses

Palmheart & Prawns in a red sauce soufflé	1,375.00
Smoked pork spare ribs with grilled corn	750.00
Bar fillet with celery purée, glazed carrots	850.00
Flambéed prawns with rum, lemon rice, crispy fries	580.00
Pork casserole with dried prunes - Rice with almonds - Salad	750.00
Seabass fillet, fries, salad - Shiraz	995.00
Seared tuna, sweet potato purée, zucchini & sundried tomatoes caponata	750.00
Venison bourguignon from Mont Choisy farm, rice with fried onions	600.00
Duck slivers in olive sauce, broccoli bouquets, crispy fries	990.00
Lamb kofta with cumin, fries, salad - Thyme sauce	850.00
Mushroom and house smoked pork sausage risotto	790.00
Australian beef fillet (200gms - Grade A), fries, salad, black pepper or mushroom sauce	1,500.00
Australian cuberoll (300 gms), fries, salad, black pepper or mushroom sauce	1,810.00
Newburgh prawns, parsley rice, crispy fries	780.00
Chicken leg confit - citrus flavour, roasted sweet potatoes, broccoli	715.00
Mushroom risotto 🌿	
Penne with mushrooms, sundried tomatoes, nuts, pesto, olive, parmesan 🌿	475.00
Penne à la carbonara with chicken bacon	400.00
Venison burger, fries, salad - Green pepper	585.00



## *Mauritian Dishes*

(served with rice, lentils, chutney and pickles)

In house smoked creole sausages and bacon rougaille	550.00
Beef dry curry	470.00
Chicken and prawns curry	760.00
Octopus and eggplant curry with coconut milk	765.00
Roasted aubergine in a red sauce, creole sauce with herbs 	385.00

## *Sides*

Salad (rocket, carrot, cucumber, cherry tomatoes)	135.00
Potato purée	135.00
Bio sweet potatoes purée	135.00
Penne with herbs	135.00
Rice	100.00
Sauteed veggies with thyme	100.00
Fries	100.00

## *Desserts*

Bougrement bon and vanilla cream	200.00
Crème brûlée	200.00
Ice cream and sherbets	185.00
Greedy coffee - 1 espresso & 3 sweets	250.00
Financier   Bougrement bon   Millionnaire shortbread	
Candied pawpaw and vanilla ice cream	200.00
Chocolate chips brownie with vanilla ice cream and chocolate sauce	190.00
Sablé breton, crème diplomate & caramelised apple	220.00
Coconut mystery	220.00





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*Golfer's  
Menu*



## *Baguettes*

Pulled beef, caramelised onions	240.00
Roasted chicken, lettuce, tomato, mayonnaise	240.00
Speck ham, butter, rocket	290.00
Cured ham, lettuce, tomatoes	235.00
Brie cheese, tomato, nuts and honey 🍃	250.00
Pulled pork BBQ flavour	240.00

## *Paninis*

Pulled beef, caramelised onions, mozzarella	275.00
Roasted chicken, basil pesto, mozzarella	275.00
Cured ham	310.00
Ham, tomato, emmental	240.00
Brie cheese, tomato, nuts and honey 🍃	260.00
Pulled pork BBQ flavour	240.00

## *Burgers - Wraps - Sandwich (with french fries)*

Beef burger, Cheddar, caramelised onions	465.00
Crispy chicken burger, Cheddar	450.00
Fish burger, tartar sauce	350.00
Crispy chicken wrap	385.00
Tandoori chicken wrap	385.00
Club sandwich chicken, bacon, eggs	385.00
Toasted ham and cheese sandwich, salad	305.00
Toasted ham, fried egg & cheese sandwich	315.00



## *Pizzas*

Margherita (tomato, mozzarella, fresh basil) 🌿	290.00
Flammekueche Alascian style (bacon, onions, cream, mozzarella)	460.00
Capricciosa (mushroom, olive, tomato, artichoke, arugula pesto) 🌿	420.00
Spicy pepperoni, tomato, mozzarella	400.00
BBQ chicken and onions	375.00

## *Salads*

Chef's salad - Smoked chicken, bacon, boiled egg, cheese, apple	520.00
Grilled vegetables with pesto, parmesan, roasted tomatoes, kalamata olives	380.00
Cajun spiced Caesar salad, Chicken bacon, anchovies, egg, parmesan - Caesar dressing	430.00

## *Pancakes (with salad)*

Spinach and mushroom pancake	400.00
Cheese and ham pancake	400.00

## *Omelettes (with fries)*

Cheese and ham omelette	350.00
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OUR PRICES ARE VAT INCLUDED